

MEAL CATEGORY	MEAL OPTION
BREAKFAST	<ul style="list-style-type: none"> ● Omlette Cheese ● Oatmeal ● Cheese Mousse
LUNCH	<ul style="list-style-type: none"> ● Grilled Fish with Bel Pepper (Veggies) ● Chicken Steak with Potato Puree
DINNER	<ul style="list-style-type: none"> ● Chicken on the Bed of Zucchini Mousse ● Tuna Mousse with Lettuce & Roasted Cherry Tomato
SNACK 1	<ul style="list-style-type: none"> ● Fruit Of The Day ● Fruit Skewers
SNACK 2	<ul style="list-style-type: none"> ● Vanilla Pudding ● Custard
SALAD	<ul style="list-style-type: none"> ● Yoghurt with Cucumber
SOUP	<ul style="list-style-type: none"> ● Mushroom Soup ● Vegetable Soup
DRINKS	<ul style="list-style-type: none"> ● Milk ● Laban ● Plain yogurt



Bariatric Program

