



MEAL CATEGORY	MEAL OPTION
BREAKFAST	<ul style="list-style-type: none"> ● Omlette Spinach ● Omlette Mushroom ● Omlette Plain ● Full Cream Yogurt with Pumpkin
LUNCH	<ul style="list-style-type: none"> ● Blanquette de Fish (Fluffy Cream Sauce) ● Beef Shawarma Platter (Tahini Sauce) ● Grilled Chicked (Smoked BBQ Sauce)
SALAD	<ul style="list-style-type: none"> ● Fatoush ● Persian Yoghurt Salad ● Green Salad
DINNER	<ul style="list-style-type: none"> ● Grilled Beef (Linac & Dinas Butter) ● Grilled Fish (Capers Dill Sauce) ● Char Grill Chicken (Basil Creamy)
SOUP	<ul style="list-style-type: none"> ● Chicken Porcini Soup ● Artichoke Cream Soup
SNACK 1	<ul style="list-style-type: none"> ● Mixed Nuts ● Peanut Butter ● Pepperoni ● Olive Slices
SNACK 2	<ul style="list-style-type: none"> ● Keto Chocolate Mousse

